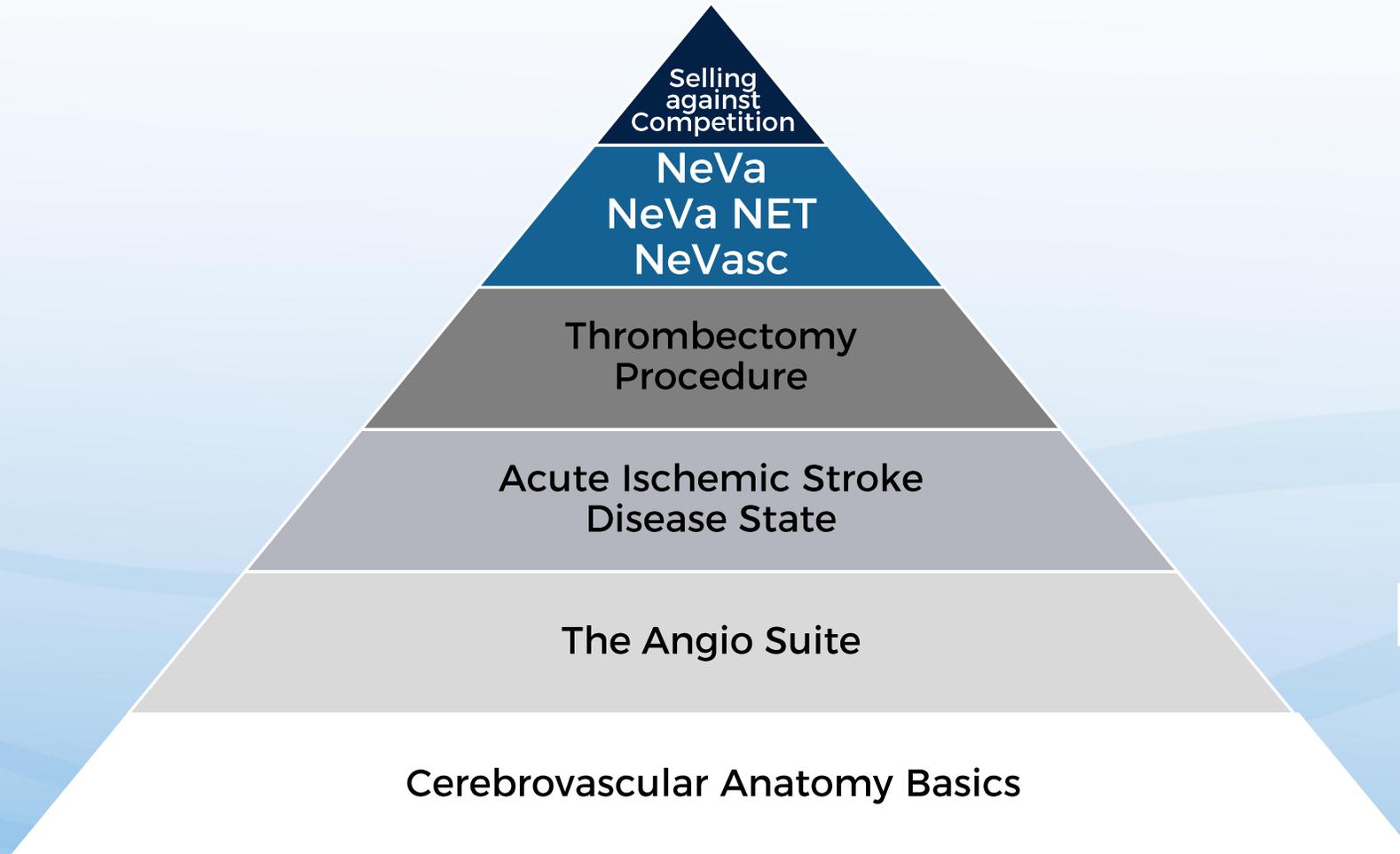


# THE VESALIO AIS BASIC TRAINING PROGRAM

Designed to give you confidence & credibility in front of physicians



TODAY

# THE ESALIO AIS BASIC TRAINING PROGRAM

Designed to give you confidence & credibility in front of physicians

The Angio Suite



**TODAY**

- What to expect in terms of products, people, and organization
- Basic information on imaging technologies
- Disease states that are treated in the cath lab
- Cath lab etiquette

# INTRODUCTION THE ANGIO SUITE

<b>2.1. What is an ANGIO SUITE or a CATH LAB</b>	<b>2.2. Imaging Basics</b>	<b>2.3. What happens in the CATH LAB</b>	<b>2.4. What gets treated in the CATH LAB</b>	<b>2.5. CATH LAB Etiquette</b>
<ul style="list-style-type: none"><li>• Definition &amp; organization of a CATH LAB</li><li>• Who works in a CATH LAB</li><li>• What equipment and products can be found in a CATH LAB</li></ul>	<ul style="list-style-type: none"><li>• A brief history of medical imaging</li><li>• Anatomical position and directional terminology</li><li>• CT &amp; MRI based technologies</li><li>• Angiography using fluoroscopy</li></ul>	<ul style="list-style-type: none"><li>• Diagnostic and interventional procedures done in the CATH LAB</li><li>• What happens before, during, and after a Cerebral Angiography procedure</li></ul>	<ul style="list-style-type: none"><li>• Neuro Disease States</li><li>• Procedures &amp; Products</li></ul>	<ul style="list-style-type: none"><li>• Correct Behavior</li><li>• Protection</li></ul>

# INTRODUCTION THE ANGIO SUITE

<b>2.1. What is an ANGIO SUITE or a CATH LAB</b>	<b>2.2. Imaging Basics</b>	<b>2.3. What happens in the CATH LAB</b>	<b>2.4. What gets treated in the CATH LAB</b>	<b>2.5. CATH LAB Etiquette</b>
<ul style="list-style-type: none"><li>• Definition &amp; organization of a CATH LAB</li><li>• Who works in a CATH LAB</li><li>• What equipment and products can be found in a CATH LAB</li></ul>	<ul style="list-style-type: none"><li>• A brief history of medical imaging</li><li>• Anatomical position and directional terminology</li><li>• CT &amp; MRI based technologies</li><li>• Angiography using fluoroscopy</li></ul>	<ul style="list-style-type: none"><li>• Diagnostic and interventional procedures done in the CATH LAB</li><li>• What happens before, during, and after a Cerebral Angiography procedure</li></ul>	<ul style="list-style-type: none"><li>• Neuro Disease States</li><li>• Procedures &amp; Products</li></ul>	<ul style="list-style-type: none"><li>• Correct Behavior</li><li>• Protection</li></ul>

# THE ANGIO SUITE → THE CATH LAB

is an examination room in a hospital or clinic with diagnostic imaging equipment used to visualize the arteries of the body and treat disease states related to the vascular system



Procedure room



Control Room

# THE PROCEDURE ROOM



- Sterile tray
- C-arm and table
- Monitors
- Power injector
- Anesthesia equipment and cart
- Equipment storage cabinets, carts, etc.
- Radiation Shields (sometimes outside)

# THE CONTROL ROOM

- Imaging control panels
- Hemodynamic monitors
- Phone
- Desk and chairs for staff



# NEUROVASCULAR TEAM MEMBERS

- **Physician** (Attending, fellow, resident) does the procedure
- **Nurse** sets up the sterile field, circulates supplies, preps & monitors the patient
- **Neuro-anesthesiologist** administers anesthesia
- **Technician** operates the angio equipment
- Lab or Surgical **Assistant**



# NEUROVASCULAR PHYSICIANS IN WW REGIONS



- Interventional Neuro-Radiologists – INRs
- Neurologists
- Neurosurgeons

# THE STERILE TRAY

- Lead protection sterile covers
- Patient Drape
- Prep
- Scalpel
- Access kit
- Bowls
- Syringes, 1,3,10,20ml
- Flush tubing
- Needle Disposal
- Contrast material
- RHV (Rotating Hemostatic Valve), Touhy, Y-adapter
- Gauze
- Forceps
- Suture
- Catheters and wires
- Other products for the procedure



*Click on image for demo video*

# C-ARM

An imaging device that provides high-resolution X-ray images in real time thanks to:

1. having an an image intensifier and an x-ray tube (or source) positioned directly opposite from each other
2. being capable of movement

**XRII (Image Intensifier):**

allows low intensity x-rays to be amplified, resulting in better images with a smaller fluoro doses to the patient

SINGLE PLANE

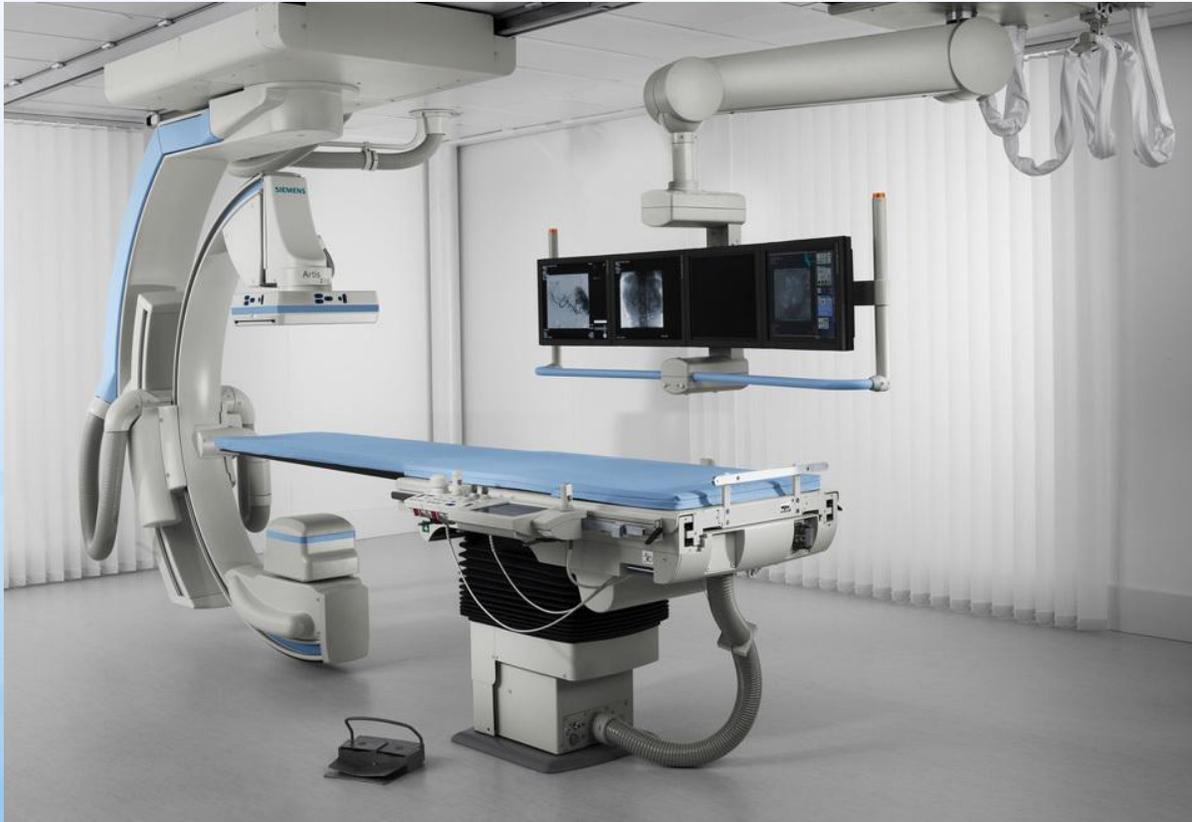


BI PLANE

# C-ARM

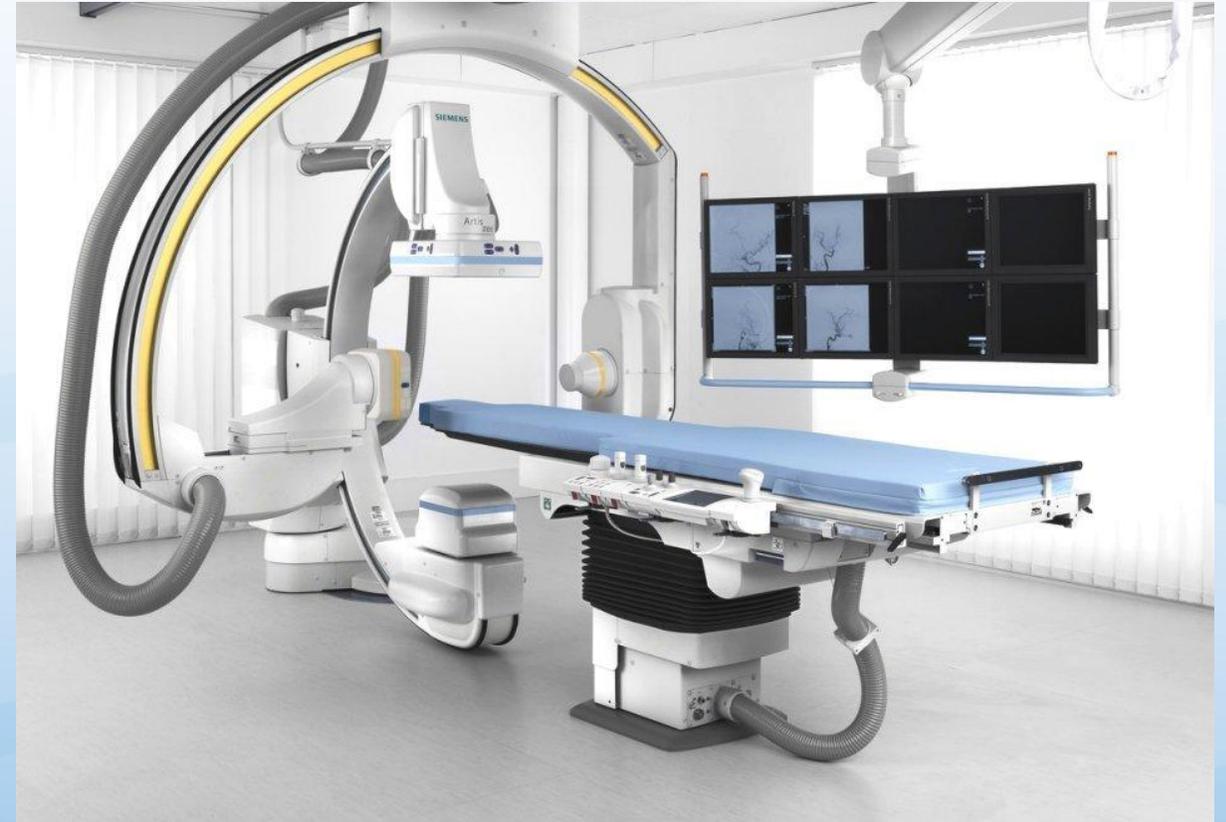
## SINGLE PLANE

Imaging of different planes is done one at a time

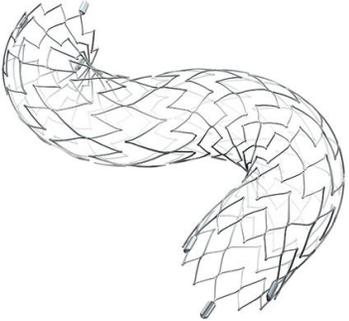
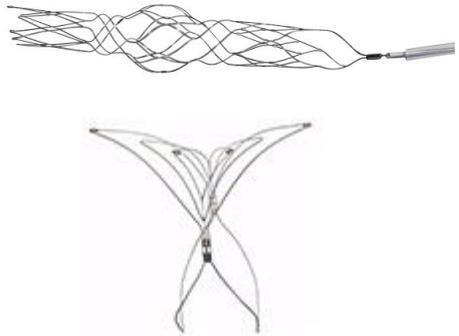
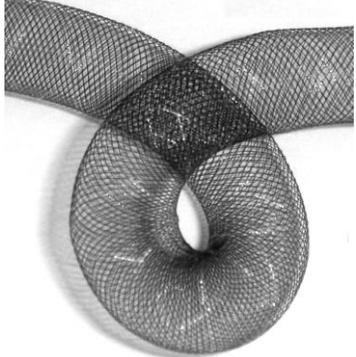
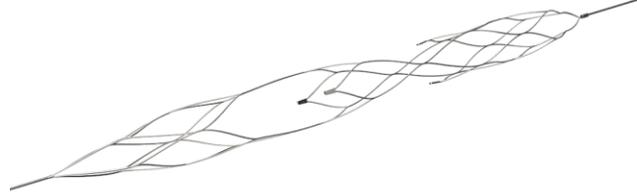


## BI PLANE

Multiple planes imaging simultaneously, decreases contrast load to patient.

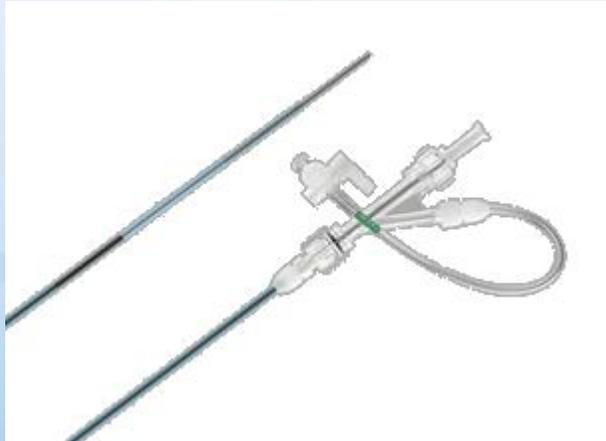


# COMMONLY USED NEUROVASCULAR PRODUCTS

COIL	STENT	BIFURCATION STENT	INTRA-LUMINAL FLOW DIVERTER	INTRA-ANEURYSMAL FLOW DIVERTER
				
ONYX/ GLUE	STENT RETRIEVER	ASPIRATION CATHETER	BALLOON	
				

# NEUROVASCULAR ACCESS PRODUCTS

GUIDEWIRE	SHEATH	GUIDE CATHETER	INTERMEDIARY CATHETER	MICROCATHETER
-----------	--------	----------------	-----------------------	---------------



# RECAP

An **ANGIO SUITE** or a **CATH LAB** is an operating room with a structure including a **procedure** and a **control room** where advanced **X-Ray imaging technology** is used by **interventionalists** to diagnose and treat vascular disease states.

The main components of a procedure room that allow interventional procedures to take place are

1. The **C-Arm**, with the patient table and the monitors
2. The **sterile tray**, which carries the products relevant to the operation

# INTRODUCTION THE ANGIO SUITE

<b>2.1. What is an ANGIO SUITE or a CATH LAB</b>	<b>2.2. Imaging Basics</b>	<b>2.3. What happens in the CATH LAB</b>	<b>2.4. What gets treated in the CATH LAB</b>	<b>2.5. CATH LAB Etiquette</b>
<ul style="list-style-type: none"><li>• Definition &amp; organization of a CATH LAB</li><li>• Who works in a CATH LAB</li><li>• What equipment and products can be found in a CATH LAB</li></ul>	<ul style="list-style-type: none"><li>• A brief history of medical imaging</li><li>• Anatomical position and directional terminology</li><li>• CT &amp; MRI based technologies</li><li>• Angiography using fluoroscopy</li></ul>	<ul style="list-style-type: none"><li>• Diagnostic and interventional procedures done in the CATH LAB</li><li>• What happens before, during, and after a Cerebral Angiography procedure</li></ul>	<ul style="list-style-type: none"><li>• Neuro Disease States</li><li>• Procedures &amp; Products</li></ul>	<ul style="list-style-type: none"><li>• Correct Behavior</li><li>• Protection</li></ul>

# IMAGING TECHNIQUES

- CT = COMPUTED TOMOGRAPHY
- MRI = MAGNETIC RESONANCE IMAGING
- CTA = COMPUTED TOMOGRAPHY ANGIOGRAPY
- MRA = MAGNETIC RESONANCE ANGIOGRAPY
  
- CA = CEREBRAL ANGIOGRAPHY
- DSA: DIGITALLY SUBTRACTED ANGIOGRAPHY
- ROADMAPS

Non-invasive

Used for diagnosis and patient selection

Minimally-invasive

Used in the CATH LAB for both diagnostic and interventional procedures

# BRIEF HISTORY OF IMAGING FROM X-RAY TO INITIAL CEREBRAL ANGIOGRAPHY

- **1895:** Wilhelm Röntgen discovered **X-rays**
- **1896:** Thomas Edison investigated materials' ability to fluoresce when exposed to X-rays, and developed **the fluoroscope** which became the standard for medical X-ray examinations
- **Skull radiographs** used in medicine but observed to cause tumors very frequently and there was difficulty in diagnosing soft-tissue changes via skull radiography
- **1918:** Dandy published on **Ventriculography using contrast agents**. Very invasive technique, but paved the way for better techniques using the same idea.
- **1921:** Guerbet developed **Lipiodol (iodized oil)**
- **1924-1927:** Neurologist Egas Moniz started practicing **Cerebral Angiography** which got accepted slowly due to its invasiveness, discomfort, and high rate of significant complications
- **1954:** Lindgren developed the **Seldinger technique** and the described **transfemoral catheterization** of the vertebral artery
- **The following decades saw the introduction of better contrast agents and equipment**

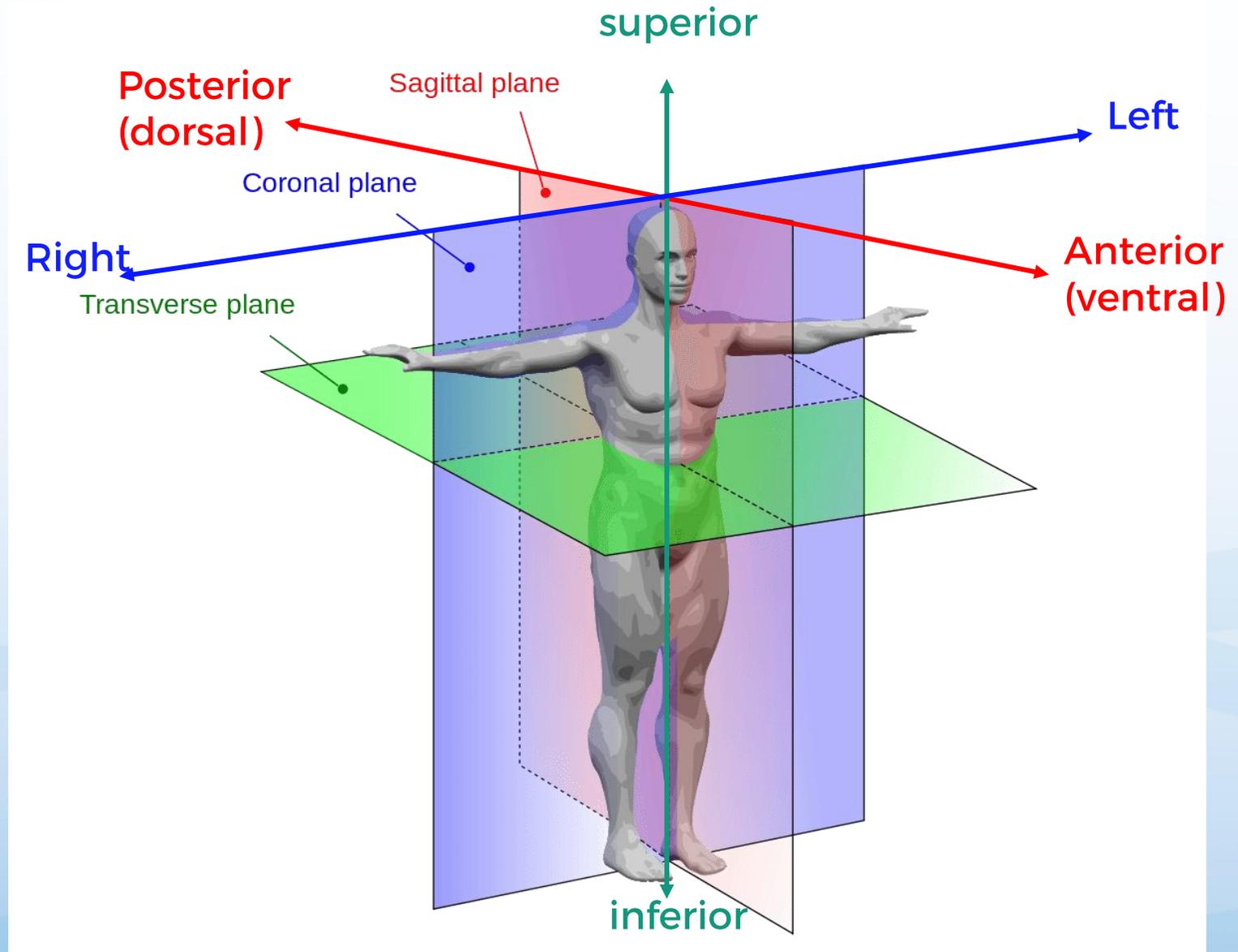
# BRIEF HISTORY OF IMAGING

## DEVELOPMENT OF CROSS-SECTION IMAGING

- **1961:** William Oldendorf described and built from household products a **prototype** to transmit a beam of x-rays through the head and reconstruct its image
- **1963 -1964:** physicist Alan Cormack described the **mathematic algorithm of tomographic reconstruction** without knowledge of Oldendorf's device
- **1971:** computer engineer Godfrey Hounsfield -also independently- began working on a technique to reconstruct the internal structure of a body from a number of x-ray transmission measurements resulting in development of his “**back-projection**” **technique**
- **1973: Introduction of CT** allowing direct visualization of the internal structure of the body noninvasively
- **1980s:** Introduction of **MRI**
- **1990s:** development of **multidetector CT scanners** resulted in the development of new CT applications, **CTA and CT perfusion**. Also more **rapid MR imaging**, better resolution and **3D images**

# ANATOMICAL POSITION AND DIRECTIONAL TERMINOLOGY

- **Coronal Plane** → Anterior to posterior
- **Sagittal Plane** → Right to left
- **Axial Plane** → Transverse



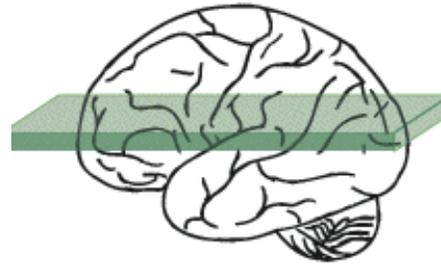
# ANATOMICAL POSITION PLANES

- “right” and “left” is always with regards to the patient
- In INR terminology “distal” is thought of as distal to the incision or the problem site

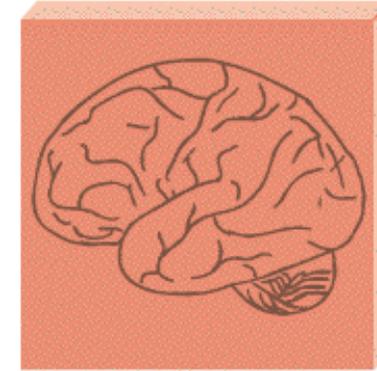
AXIAL  
HORIZONTAL  
TRANSVERSE  
upper & lower

SAGITTAL  
left & right

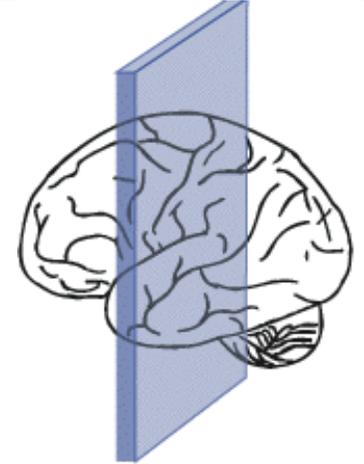
CORONAL  
front & back



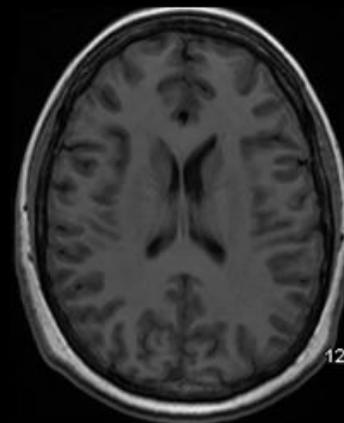
Axial



Sagittal



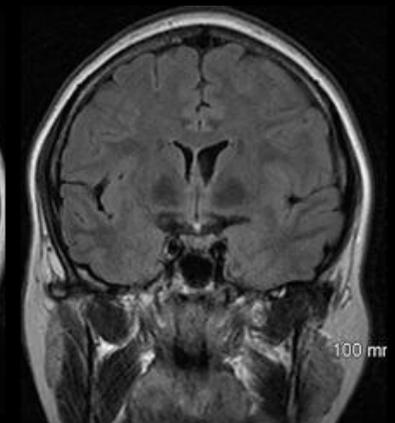
Coronal



Axial  
(transverse)



Sagittal



Coronal

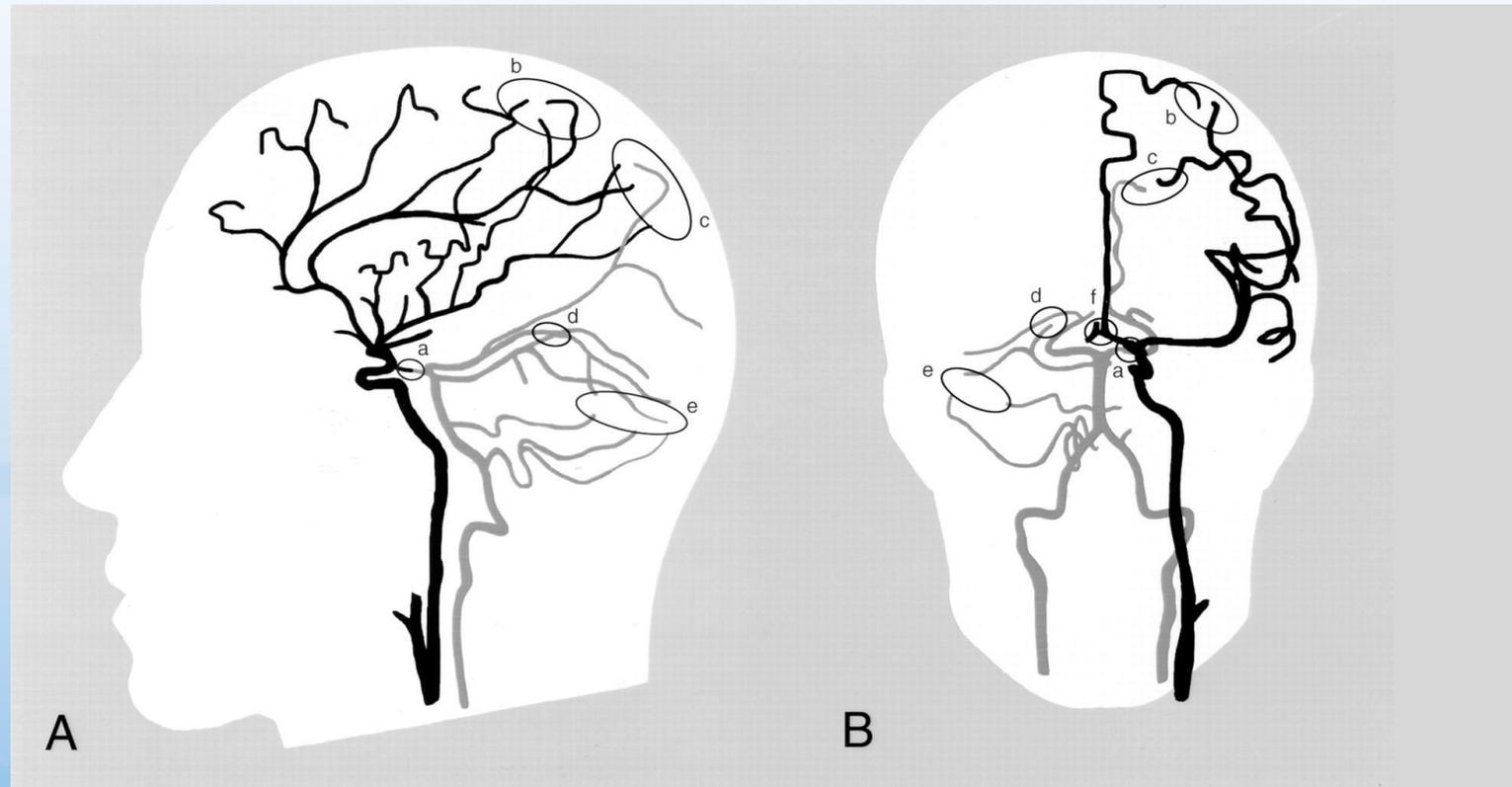
# IMAGES ARE OFTEN DESCRIBED AS AP OR LATERAL

## Lateral (Side to Side)

X-ray beam enters from one side of the face and exits from the other side

## Anterior Posterior (AP)

X-ray beam enters anterior (front), exits posterior (back)



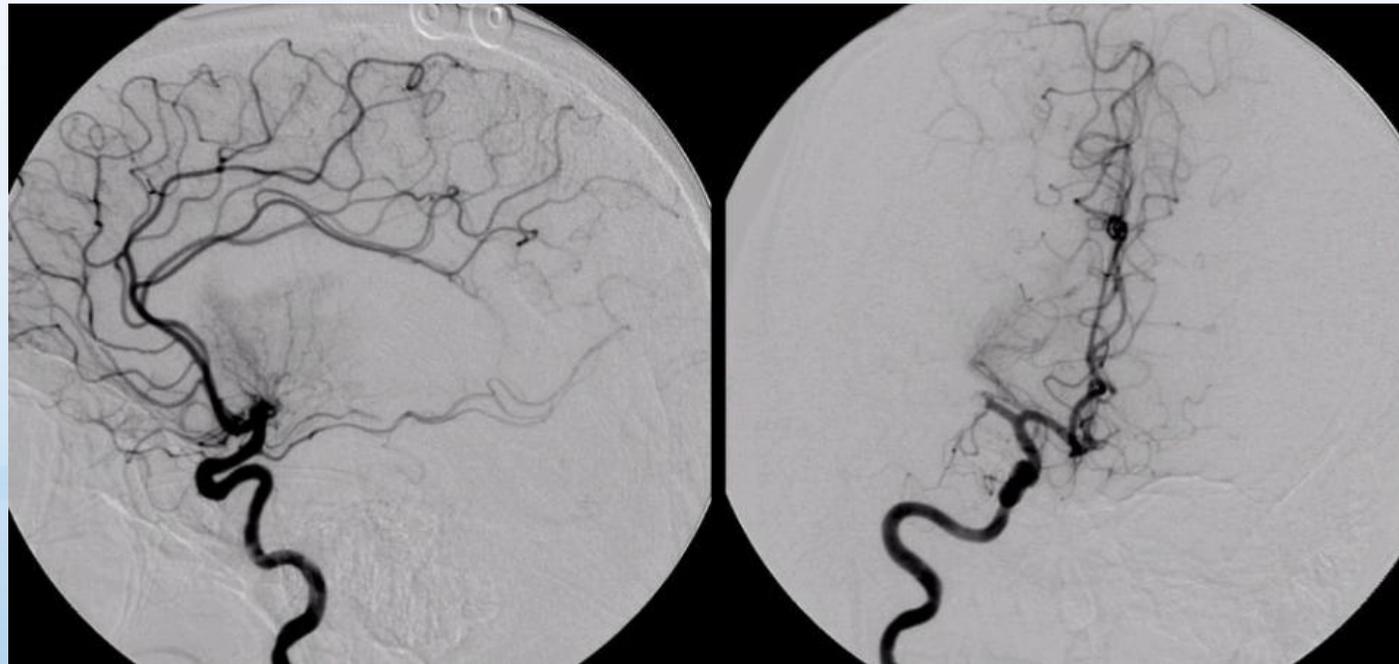
# IMAGES ARE OFTEN DESCRIBED AS AP OR LATERAL

## Lateral (Side to Side)

X-ray beam enters from one side of the face and exits from the other side

## Anterior Posterior (AP)

X-ray beam enters anterior (front), exits posterior (back)



**Cardiac Embolus: Cerebral Angiogram, Right Carotid**

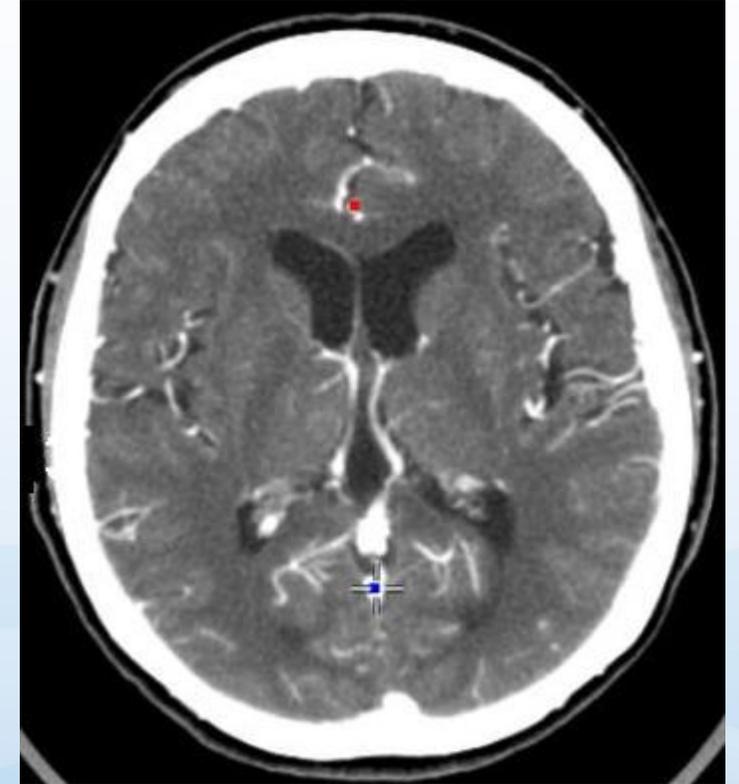
Note the complete absence of any branches off the right middle cerebral artery (MCA) and the abrupt cutoff of the distal stem of the right MCA. The lenticulostriate vessels are particularly well seen. On the AP view, the right middle cerebral artery is abruptly occluded. This is the angiographic picture of an embolus, in this case of cardiac origin from the atrial fibrillation. In the anterior circulation, emboli commonly go to the middle, posterior and anterior cerebral arteries. In the posterior circulation, they typically go to the top of the basilar or the posterior cerebral arteries. (ACA = anterior cerebral artery; ICA = internal carotid artery).

# NON-INVASIVE IMAGING TECHNIQUES USED FOR DIAGNOSIS AND PATIENT SELECTION

- CT = COMPUTED TOMOGRAPHY
- MRI = MAGNETIC RESONANCE IMAGING
- CTA = COMPUTED TOMOGRAPHY ANGIOGRAPHY
- MRA = MAGNETIC RESONANCE ANGIOGRAPHY

# CT = COMPUTED TOMOGRAPHY

- An advanced diagnostic imaging technique that uses a computer and x-rays to produce clear cross-sectional images (slices) of the body
- Generates hundreds of x-ray images in a single go
- Gives images far more detailed than ordinary X-rays
- Less radiation than conventional x-ray procedures despite large number of images
- Several beams sent simultaneously from different angles and are detected after they have passed through the body. Their strength is measured to compute the images.
- Can be done with or without contrast (often not needed)



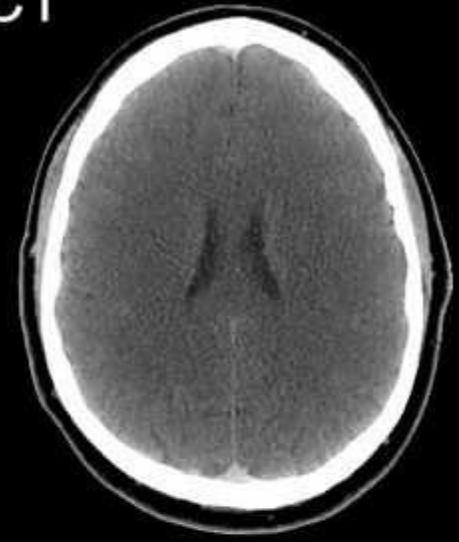
# MRI = MAGNETIC RESONANCE IMAGING

- Uses a strong magnetic field and radio waves, not x-rays
  - No jewelry or other metal can be carried or worn during the exam because of the very strong magnetic field
  - Counter-indicated for patients with pacemakers and other metal implants
- MRI is especially useful in studying the brain
  - Shows distinct contrast between normal & abnormal tissues,
  - Sometimes considered superior to CT and other imaging methods in evaluating tumors, tissue damage, and blood flow
- Takes slightly longer

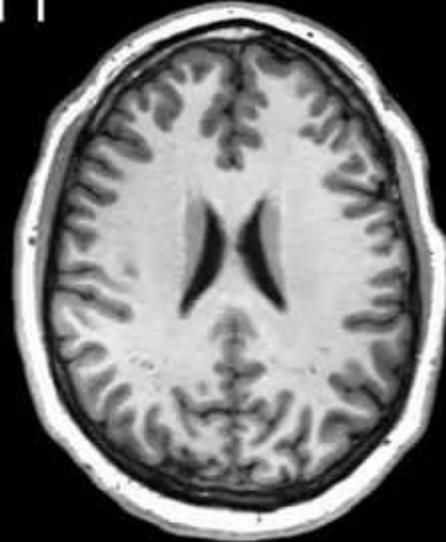


# AXIAL VIEW OF CO-REGISTERED NORMAL CT AND MRI SCANS

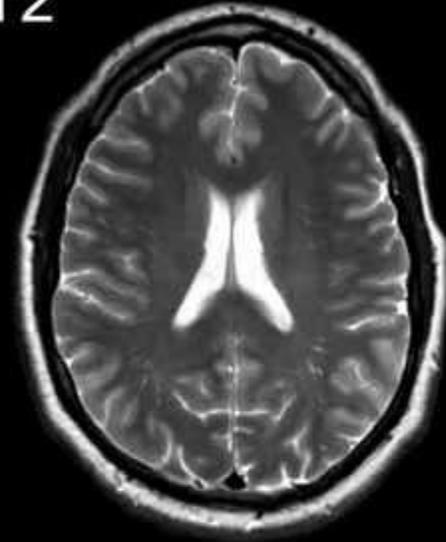
CT



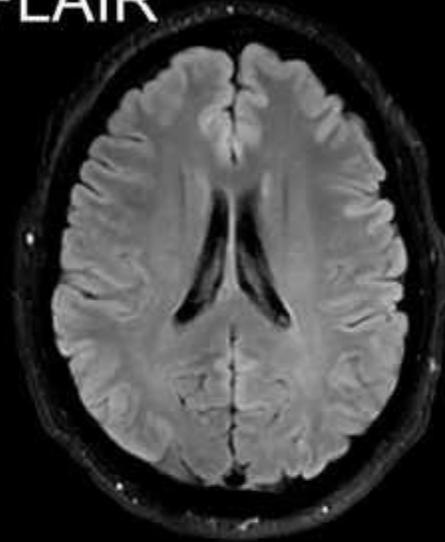
T1



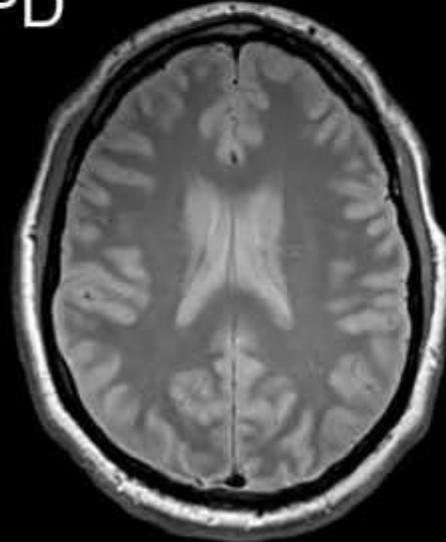
T2



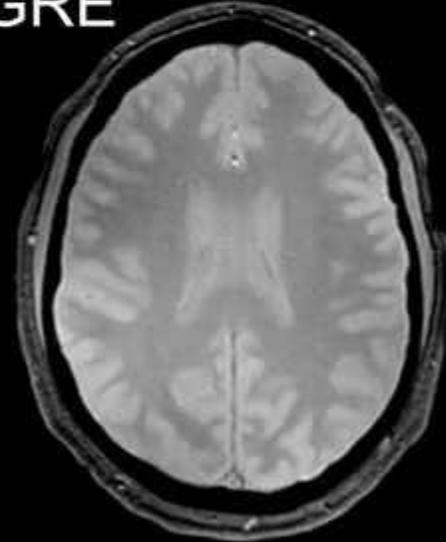
FLAIR



PD



GRE



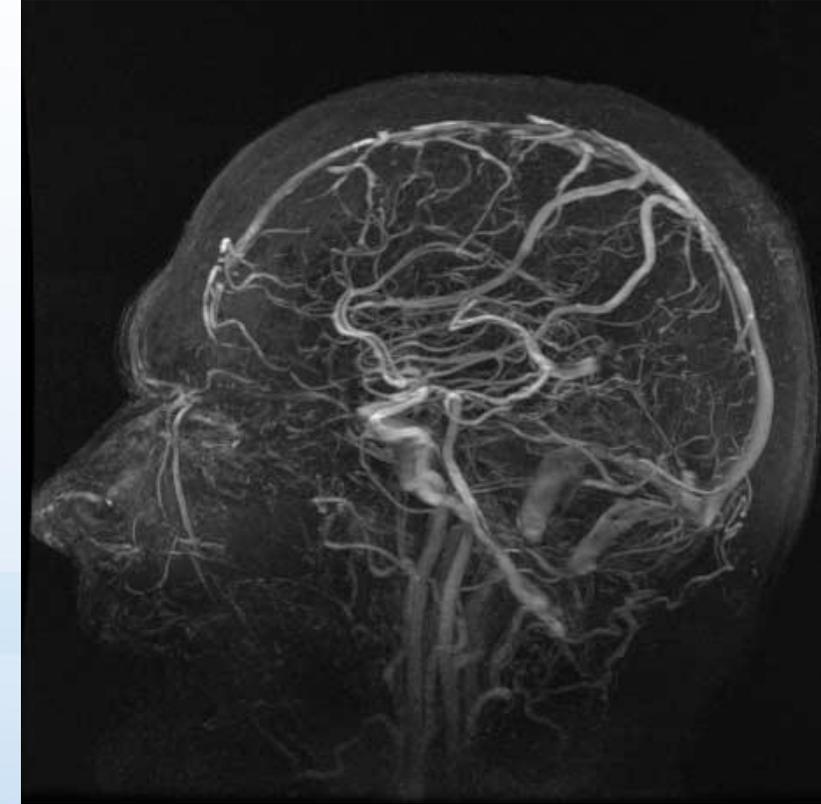
# CTA = COMPUTED TOMOGRAPHY ANGIOGRAPY

- Can be performed without the need for arterial catheterization
- Combines a regular CT scan with a contrast dye injected into a vein
- Dye travels to the brain arteries, and images are created
- Takes all the images and reconstructs them to a 3D format



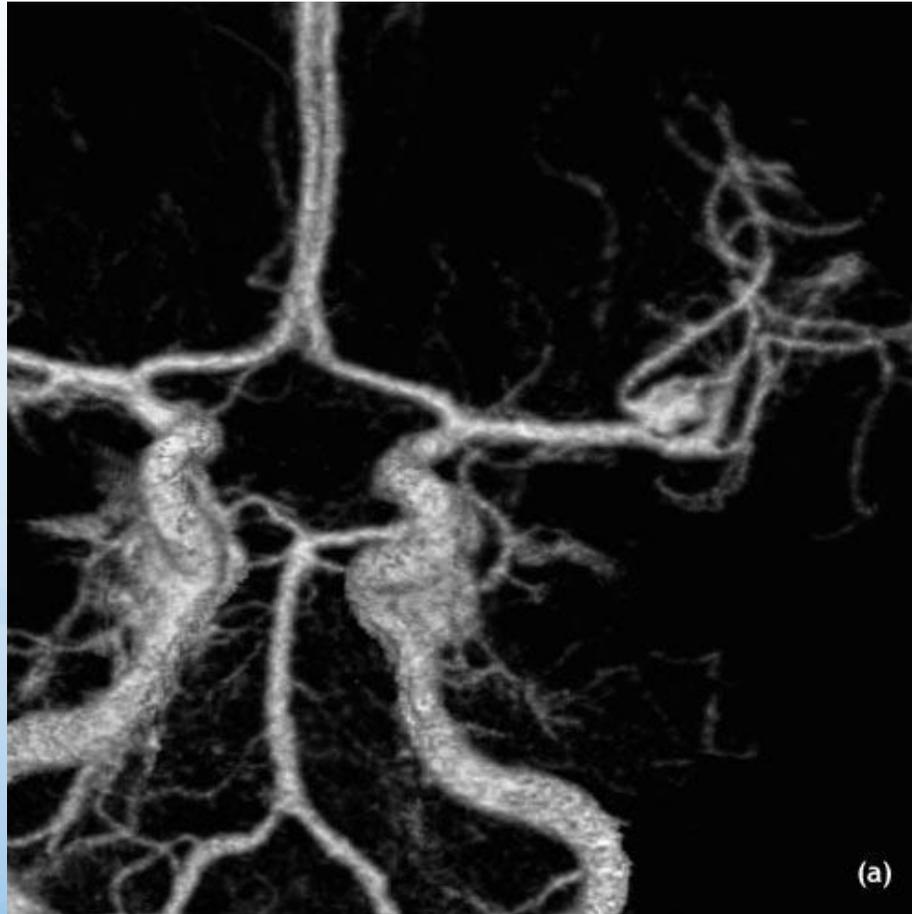
# MRA = MAGNETIC RESONANCE ANGIOGRAPHY

- Can be performed without the need for arterial catheterization
- Utilizes MRI technology therefore does not use iodine based contrast material, although a special form of contrast material (gadolinium) is often given to make the MRI images even clearer
- The procedure is painless, and the magnetic field is not known to cause tissue damage of any kind

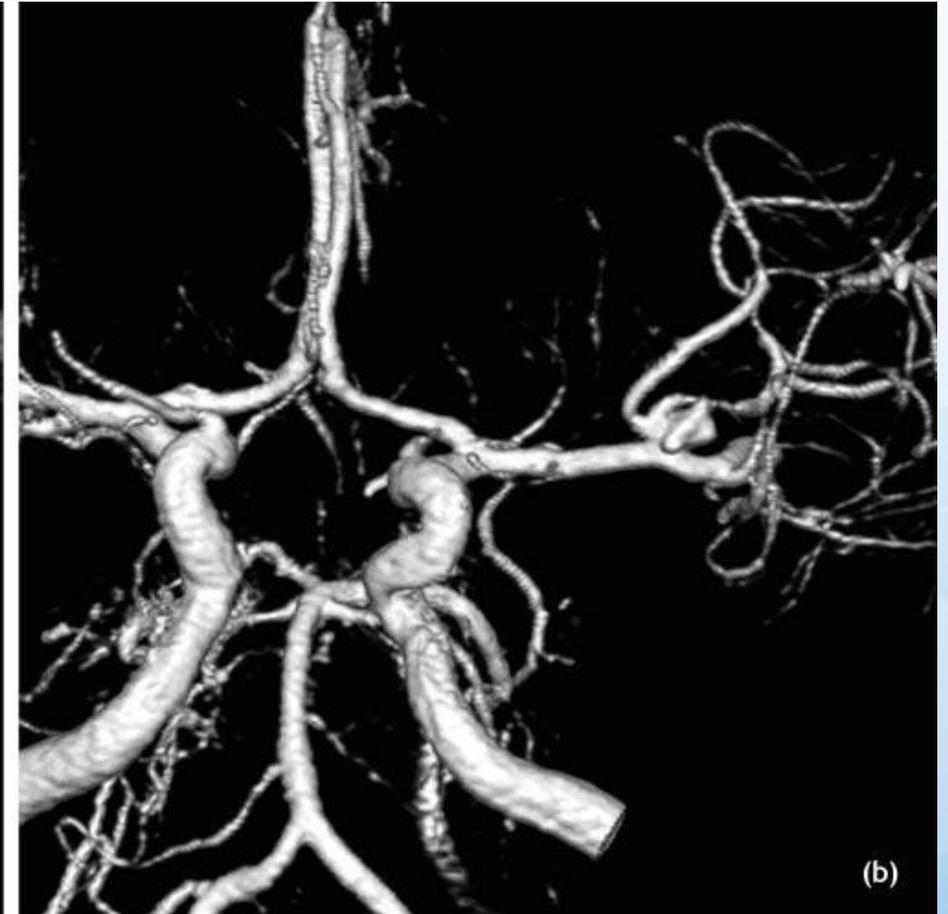


# AP PROJECTION OF A VOLUME RENDERED RECONSTRUCTION - LEFT MCA ANEURYSM

CTA scan



CEMRA scan



The contrast enhanced MRA image is crisper but the article concludes that it does not appear to provide superior diagnostic performance compared to CTA

# MINIMALLY INVASIVE IMAGING TECHNIQUES USED IN THE CATH LAB

- CA = CEREBRAL ANGIOGRAPHY
- DSA = DIGITALLY SUBTRACTED ANGIOGRAPHY
- ROADMAPS

# CEREBRAL ANGIOGRAM

- Minimally invasive, non-surgical
- Small flexible catheters inserted through blood vessels, guided to pass through blood vessels & into the brain
- Contrast is injected through catheter to visualize anatomy
- Diagnosis and plan of care can be determined



# FLUOROSCOPY (FLUORO)

- Imaging technique that uses X-rays and contrast material to obtain real-time moving images of the interior of an object, live x-ray image
- X-rays do not penetrate contrast as easily as surrounding tissue, leaving a “shadow” as the image

## Contrast (X-ray dye)

Liquid medium used to visualize the inner lumen of vessels.

- Injected through a catheter by hand or power injector
- Suggested dose is 1ml per 4kg
- Nephrotoxic: Toxic to the kidneys
- Radiopaque, high atomic density

## Power Injector:

allows injection of a large bolus of contrast



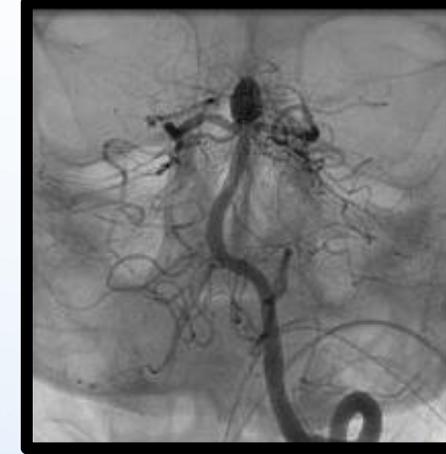
# ANGIOGRAPHY

**DA:** Digital Angiography, a fluoroscopy technique  
X-ray images in rapid sequence (1-6 frames/sec)  
to visualize all anatomy and contrast flow

**DSA:** Digitally Subtracted Angiography  
Same as DA however is utilized to “subtract”  
background anatomy before contrast is injected  
so only the blood vessels are visualized.

**Cine:** ultra rapid (15-30 frames/sec) DA

Conventional Angiography  
Bone structure is visible



DSA

Bone structure is subtracted



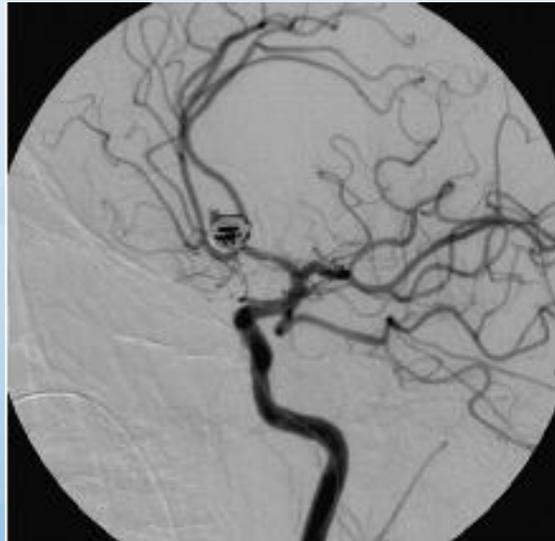
# ROADMAPPING

- The overlaying of a stored angiographic image over a live fluoro image
- For viewing blood vessels in the background while using live fluoroscopic imaging of the intervention. This allows visualization of access and intervention products while steering against the vessel image
- Saves time and contrast medium, and reduces the radiation dose.

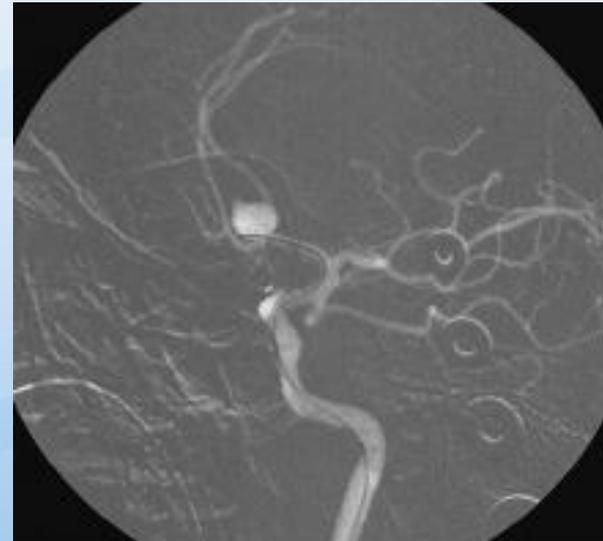
Live Fluoro Image



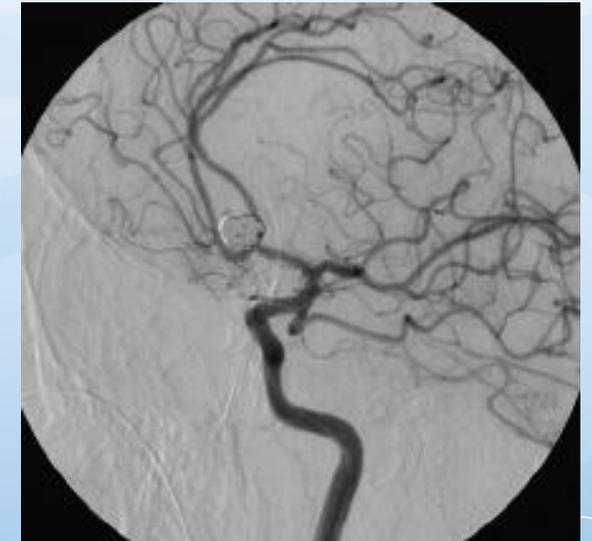
Stored Angiography Image



Roadmap



Post Procedure Angio



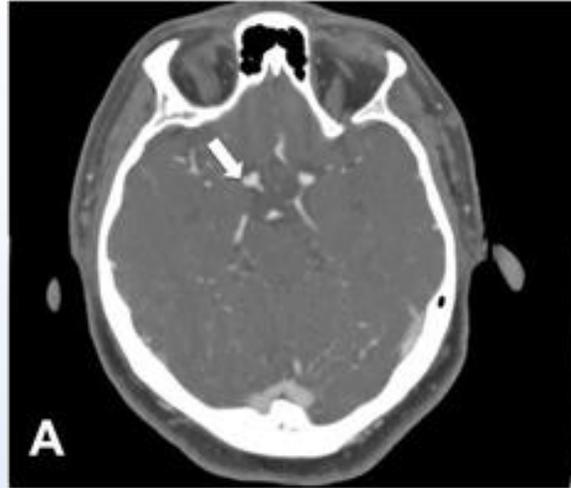
# 3D ANGIOGRAPHY

- A true technical revolution!
- Allows improvement in the quality and safety of diagnostic and endovascular treatment procedures
- Obtained by reconstruction of a rotational angiography
- Acquisition done on a single C-arm that is spinning.

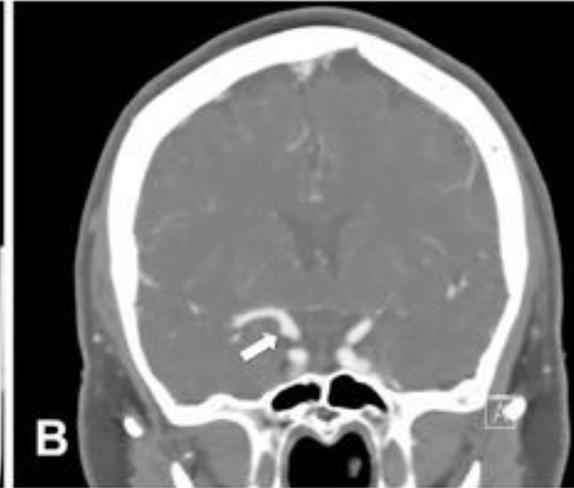


# UNRUPTURED RIGHT ICA ANEURYSM

**A)** Axial CT angiogram demonstrating 3-mm blister aneurysm (*arrow*).



**B)** Coronal CT angiogram reconstruction of the aneurysm (*arrow*).



**C)** Right internal carotid artery digital subtraction angiogram of the blister aneurysm (*arrow*).



**D)** 3D reconstruction during diagnostic cerebral angiogram of the aneurysm (*arrow*)



# RECAP

The **fluoroscopy** imaging technique, using **contrast** and the flexible mobile **C-Arm**, provides real time images from almost any angle.

**Digital subtraction angiography (DSA)** is a fluoroscopy technique used in interventional radiology to clearly visualize blood vessels in a bony or dense soft tissue environment.

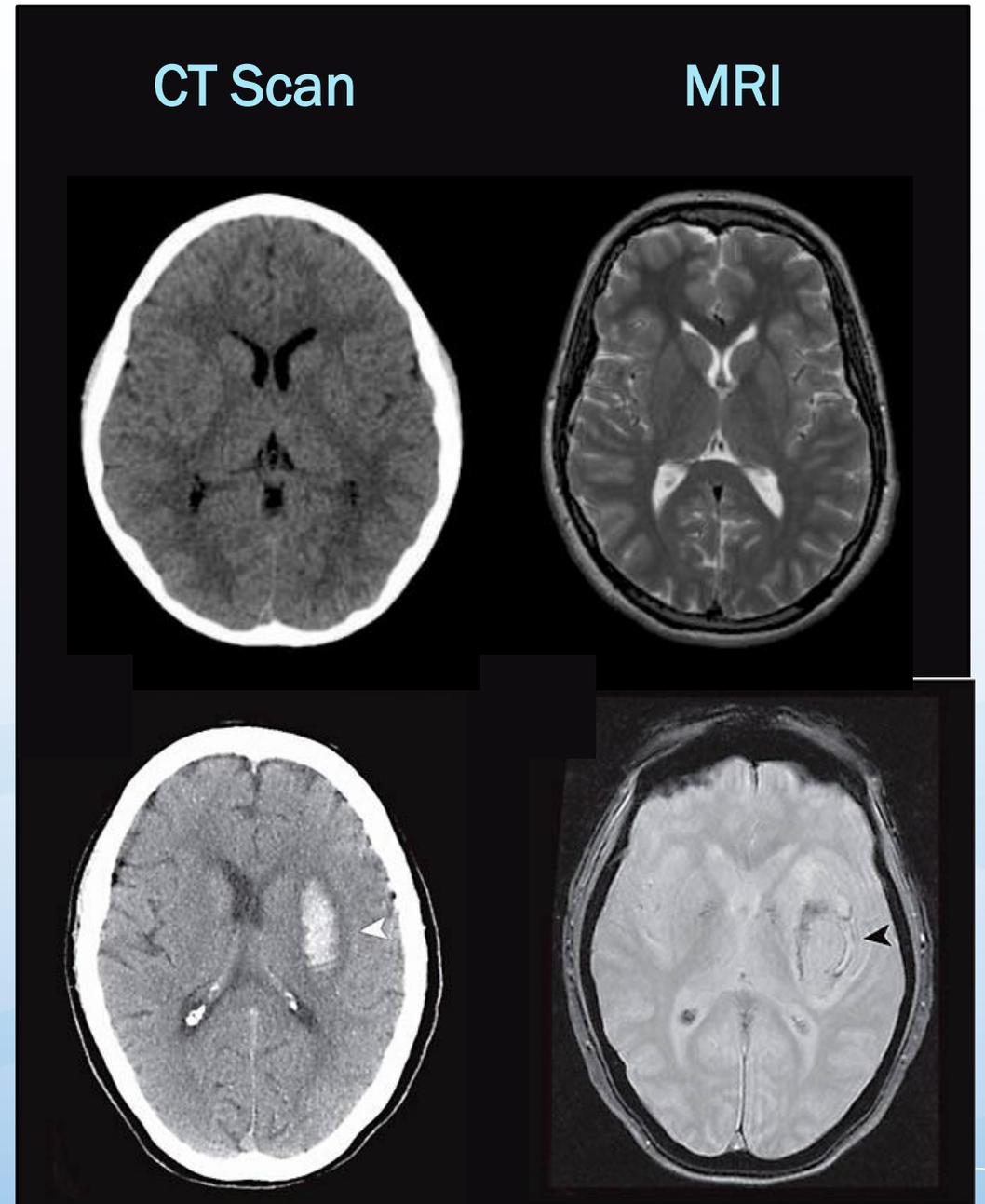
In interventional procedures DSA images are used to **roadmap** which allows visualization of the intervention live, against the vessel image in the background.

# INTRODUCTION THE ANGIO SUITE

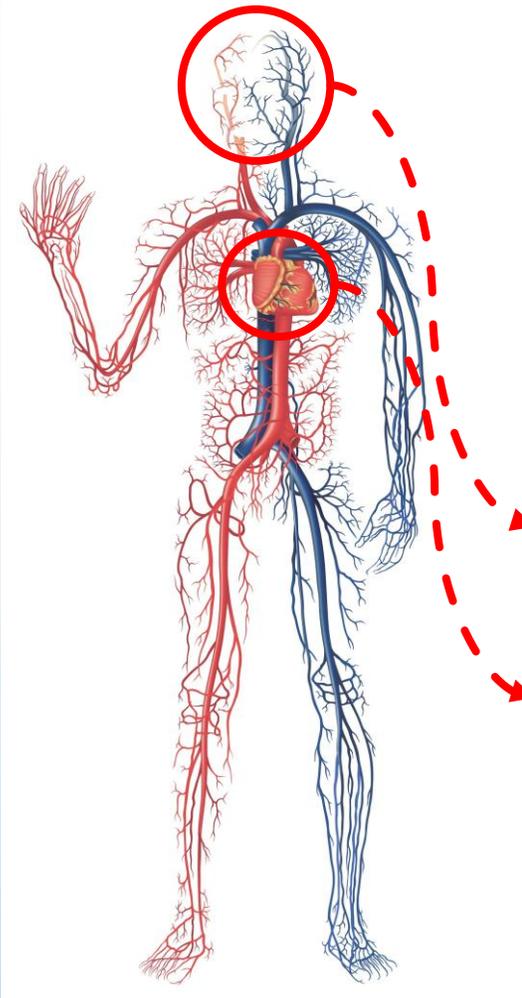
2.1. What is an ANGIO SUITE or a CATH LAB	2.2. Imaging Basics	2.3. What happens in the CATH LAB	2.4. What gets treated in the CATH LAB	2.5. CATH LAB Etiquette
<ul style="list-style-type: none"> <li>• Definition &amp; organization of a CATH LAB</li> <li>• Who works in a CATH LAB</li> <li>• What equipment and products can be found in a CATH LAB</li> </ul>	<ul style="list-style-type: none"> <li>• A brief history of medical imaging</li> <li>• Anatomical position and directional terminology</li> <li>• CT &amp; MRI based technologies</li> <li>• Angiography using fluoroscopy</li> </ul>	<ul style="list-style-type: none"> <li>• Diagnostic and interventional procedures done in the CATH LAB</li> <li>• What happens before, during, and after a Cerebral Angiography procedure</li> </ul>	<ul style="list-style-type: none"> <li>• Neuro Disease States</li> <li>• Procedures &amp; Products</li> </ul>	<ul style="list-style-type: none"> <li>• Correct Behavior</li> <li>• Protection</li> </ul>

# NON-INVASIVE TESTS ADMINISTERED TO PATIENTS BEFORE CATH LAB ADMISSION

- Health history and physical examination
- Patient symptoms
- Computerized Tomography (CT) Scan  
Uses x-rays to reveal the structure of the brain
- Magnetic Resonance Imaging  
Uses radio frequencies to create an image



# WHAT HAPPENS IN THE NEURO CATH LAB: MINIMALLY INVASIVE ENDOVASCULAR PROCEDURES



**ENDO-VASCULAR** → from inside the vessel

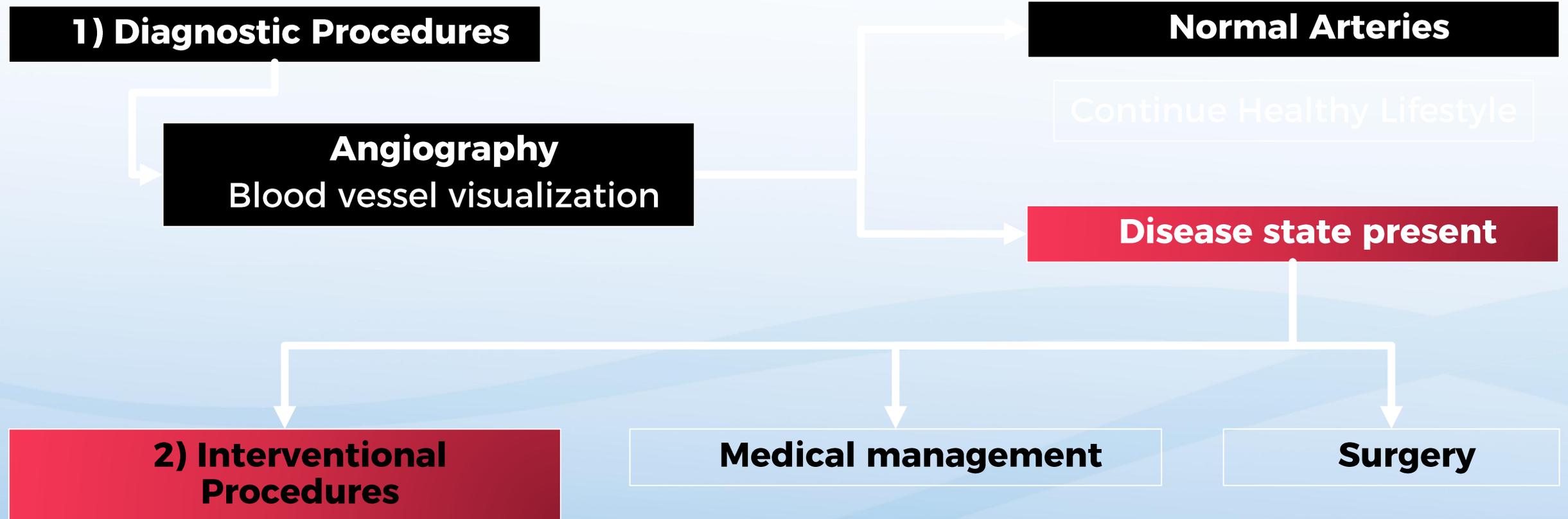
i.e. a catheter is directed through the blood vessels into the area of disease, x-ray pictures are taken and the site may be treated with the device of choice

**NEUROVASCULAR** → brain vessels

**CARDIOVASCULAR** → heart vessels

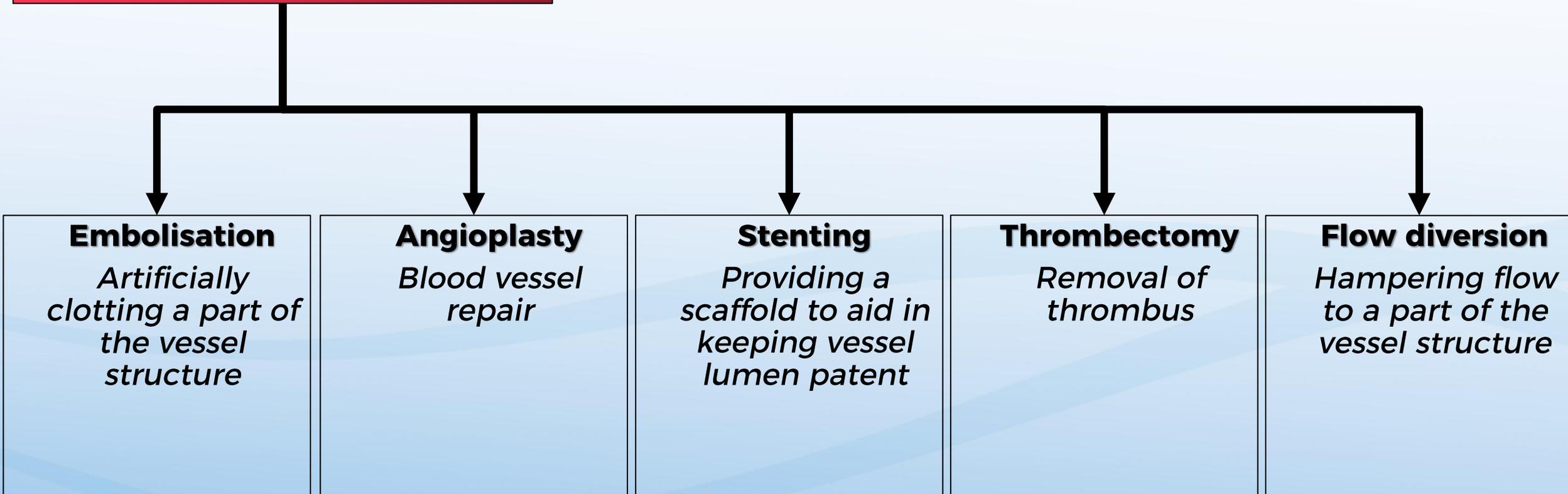
**PERIPHERAL VASCULAR** → all other vessels

# WHAT HAPPENS IN THE NEURO CATH LAB: MINIMALLY INVASIVE ENDOVASCULAR PROCEDURES



# WHAT HAPPENS IN THE NEURO CATH LAB: MINIMALLY INVASIVE ENDOVASCULAR PROCEDURES

## 2) Interventional Procedures



# WHAT IS AN ENDOVASCULAR PROCEDURE?

## SAMUEL HOU, MD – NEURO-INTERVENTIONAL SURGERY



# BEFORE THE PROCEDURE

- Consent
- Health history and physical
- Lab tests
- EEG -Graphic recording of the electrical activity of the brain
- Intravenous and arterial lines are placed
- Pre-op meds
  - Prednisone or Benadryl- Iodine allergies
- Patient placed on the table, prepped & draped

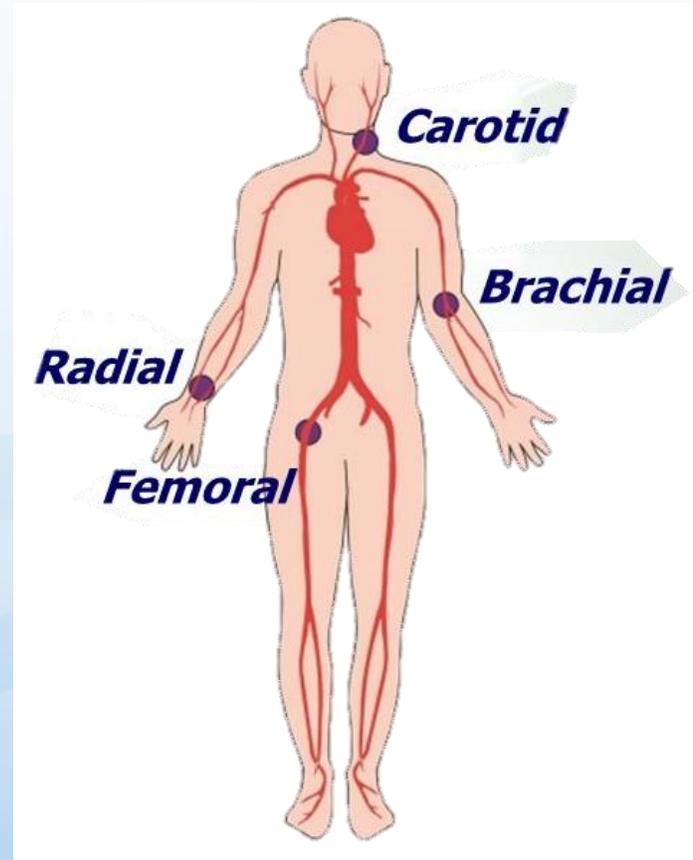
Basic femoral setup  
and access demo from  
neuro-nurse



# THE PROCEDURE – GETTING ARTERIAL ACCESS

1. Local anesthesia / General Anesthesia / Conscious sedation
2. Puncture of the femoral artery
3. IN: a needle
4. IN: a mini-guidewire through center of needle
5. OUT: the needle, leaving mini-guidewire in place
6. IN: a catheter sheath introducer (CSI) over mini-guidewire
7. OUT: the guidewire and CSI dilator
8. IN: diagnostic or other guidewire (.035" or .038") through center of sheath
9. IN: diagnostic or other catheter to thread over the guidewire in place to go up over the aortic arch
10. OUT: the diagnostic or other guidewire

## ACCESS SITES:



# THE PROCEDURE - AFTER ARTERIAL ACCESS

- Baseline Activated Clotting Time (ACT) is drawn to monitor the effect of heparin
- Heparin bolus given (usually 5000u followed by 1000u every hour thereafter)
- ACT usually checked hourly
- Diagnostic or Guiding catheter positioned in the appropriate vessel near skull base
- Diagnostic or Therapeutic procedure is performed by cannulating appropriate artery and injecting contrast dye, driving up needed products, etc.

# FINISHING THE PROCEDURE

1. All catheters are removed
2. Final ACT is checked
3. Femoral artery is assessed for insertion of a closure device or manual pressure
4. Sheath is removed, closure device placed or manual pressure is held
5. Vital signs monitored

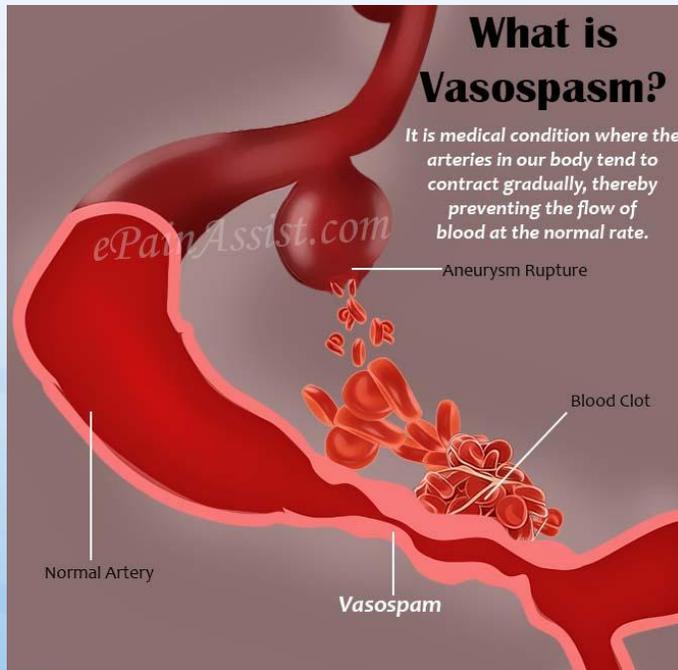
# AFTER THE PROCEDURE

- Patient is awoken from anesthesia / neurological status assessed
- Bedrest – femoral approach
- Recovery /24 Hr. ICU/ step-down
- Monitor vital signs
- Promote fluid intake
- Stable / No complications - discharged home within 1- 5 days
- Follow up with physician in 3-6 weeks
- Patients may be followed with angiograms at 6, 12 and 24 months post treatment

# POSSIBLE COMPLICATIONS

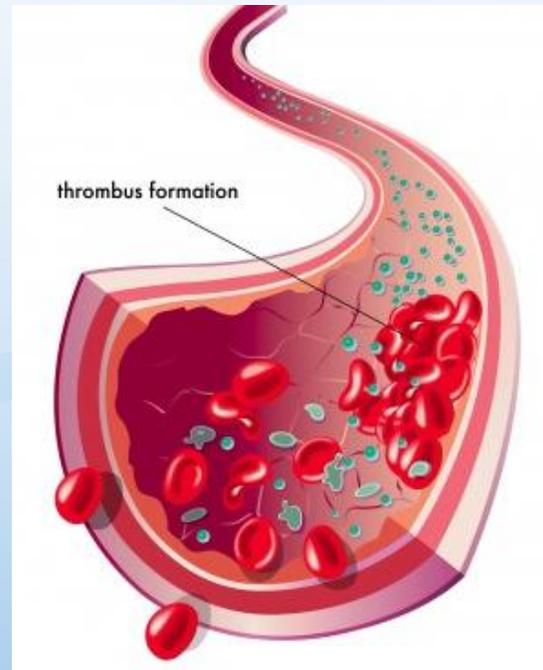
## Vasospasm

- Papaverine / NTG on hand



## Thrombus formation Vessel rupture

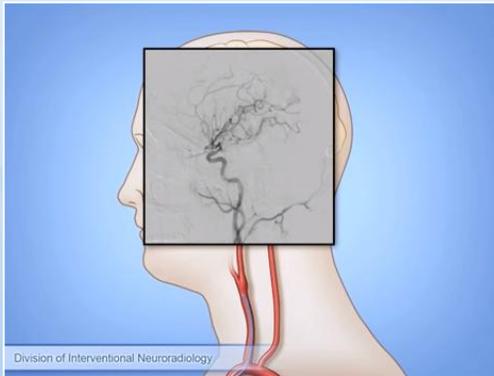
- IIb IIIa inhibitors i.e. Reopro
- protamine on hand



# THE CEREBRAL ANGIOGRAPHY PROCEDURE - WATCH

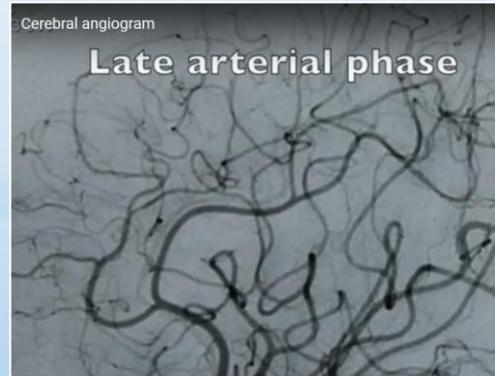
## Diagnostic Cerebral Angiography Explained to Patients

by  
Johns Hopkins Hospital



## Elements of Cerebral Angiography

by  
North Jersey Brain & Spine Center



## Femoral access for cerebral angiography

by  
Dr Bassam (France)



## Femoral access for cerebral angiography in an AVM patient

by  
Dr Edisham  
Vanderbilt Neurovascular



# RECAP

**Neuro-vascular procedures** are minimally invasive endovascular procedures where:

- with the **femoral artery** as the usual entry point, a series of **catheters** are directed through the blood vessels into the brain,
- and via real time **fluoroscopic imaging** of the vasculature, a diagnostic or therapeutic **intervention** may be done.

The diagnostic procedure is called an **angiography** which detects whether - and what type of- vessel disease is present.

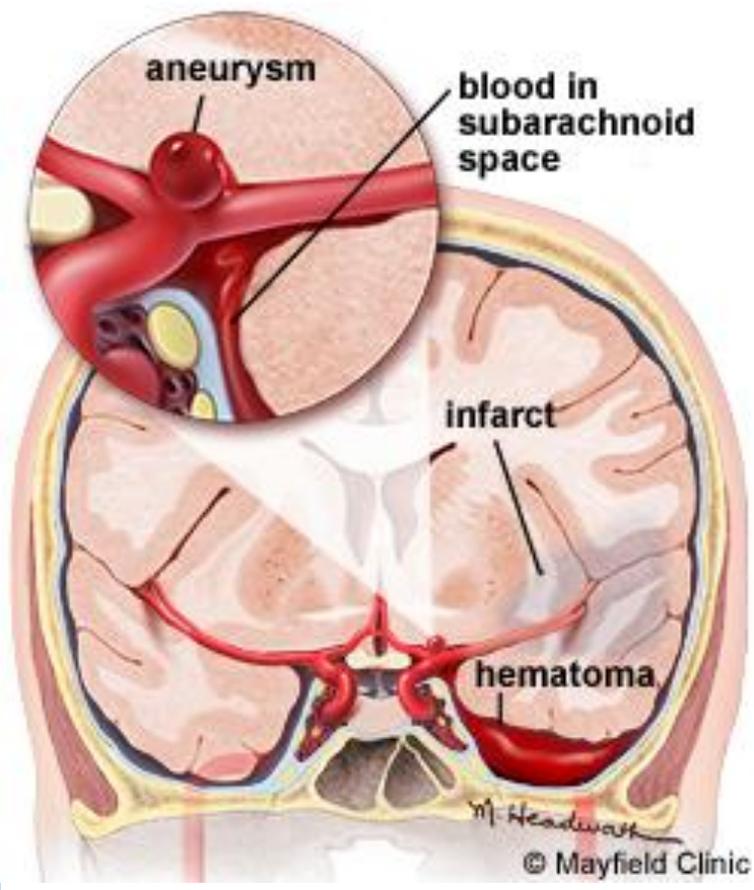
Common therapeutic interventions are **embolization, angioplasty, stenting, flow diversion** and **thrombectomy**.

# INTRODUCTION THE ANGIO SUITE

2.1. What is an ANGIO SUITE or a CATH LAB	2.2. Imaging Basics	2.3. What happens in the CATH LAB	2.4. What gets treated in the CATH LAB	2.5. CATH LAB Etiquette
<ul style="list-style-type: none"> <li>• Definition &amp; organization of a CATH LAB</li> <li>• Who works in a CATH LAB</li> <li>• What equipment and products can be found in a CATH LAB</li> </ul>	<ul style="list-style-type: none"> <li>• A brief history of medical imaging</li> <li>• Anatomical position and directional terminology</li> <li>• CT &amp; MRI based technologies</li> <li>• Angiography using fluoroscopy</li> </ul>	<ul style="list-style-type: none"> <li>• Diagnostic and interventional procedures done in the CATH LAB</li> <li>• What happens before, during, and after a Cerebral Angiography procedure</li> </ul>	<ul style="list-style-type: none"> <li>• Neuro Disease States</li> <li>• Procedures &amp; Products</li> </ul>	<ul style="list-style-type: none"> <li>• Correct Behavior</li> <li>• Protection</li> </ul>

# HEMORRHAGIC STROKE – SUB ARACHNOID HEMORRHAGE

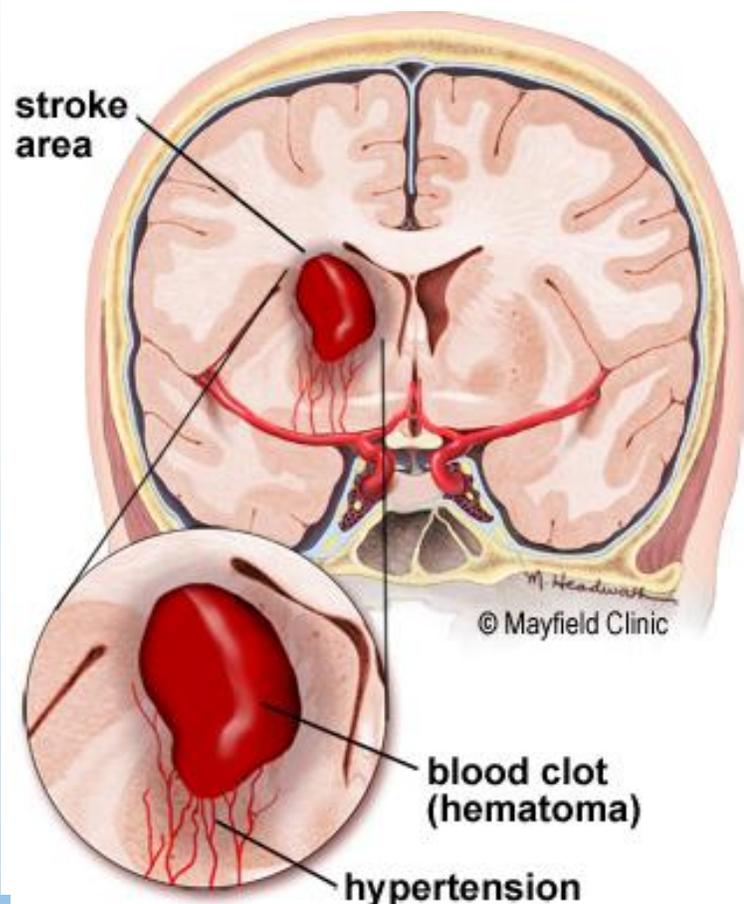
**Bleeding within the space surrounding the brain**



- About 5% of strokes are caused by SAH
  - 6 to 11 out of 100,000 people each year
- Causes:
  - Aneurysm rupture accounts for 50 to 80% of cases
  - AVMs & head injury
- Age, Gender, Race Related Risk Factors
  - slightly more common among women
  - average age is 50 years

## HEMORRHAGIC STROKE – – INTRA CRANIAL HEMORRHAGE

### Bleeding within the brain tissue

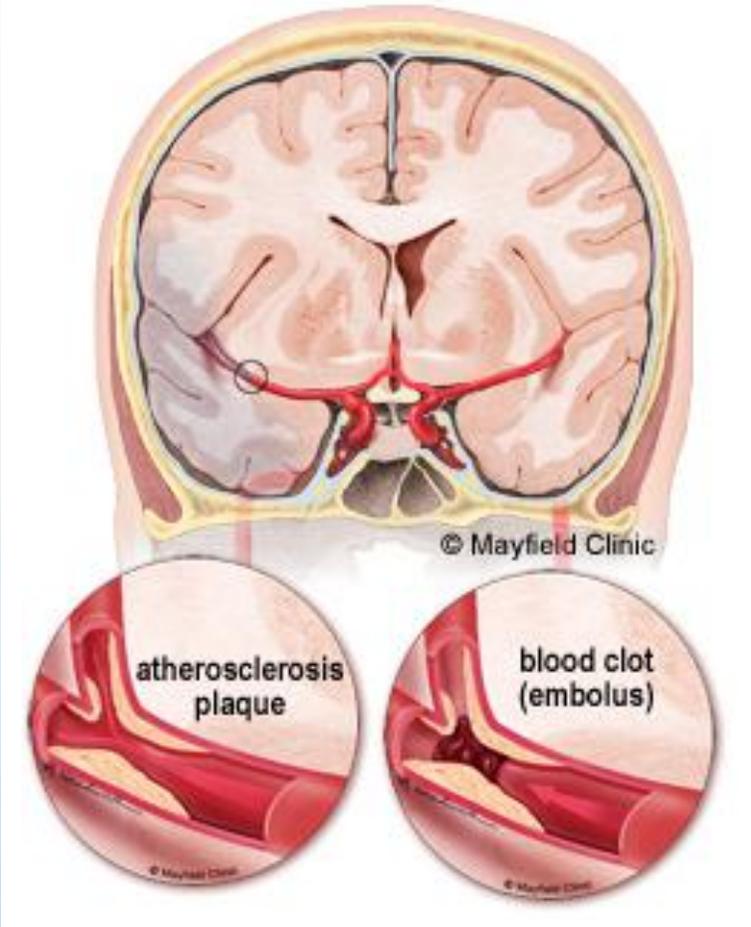


- About 10% of strokes are caused by ICH
- 40% risk of death
- Causes:
  - head trauma, tumors, bleeding disorders, other
  - AVMs and aneurysms
- Age, Gender, Race Related Risk Factors:
  - slightly more common among men
  - more common among young and middle-aged
  - more common among blacks and Asians

# NEUROVASCULAR DISEASE STATES

## ISCHEMIC STROKE

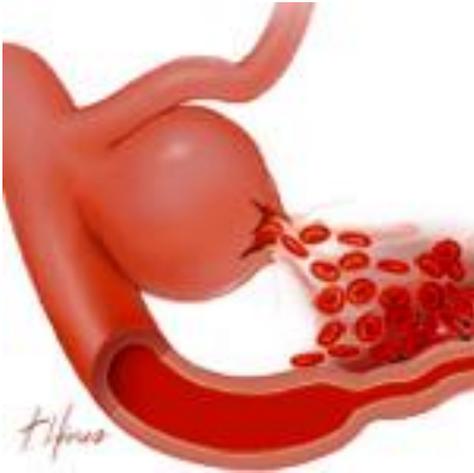
### Blockage of an artery in the brain



- 87% of strokes are ischemic
- Causes:
  - Atherosclerosis (hardening of the arteries)
  - Embolus
- Age, Gender, Race Related Risk Factors:
  - age increases risk
  - more common among men
  - more common among Blacks (x2 vs whites)
  - Hispanics are more likely to suffer a stroke at a younger age than non-Hispanic whites

# STROKE CAUSE TREATED BY NEURO-INTERVENTION

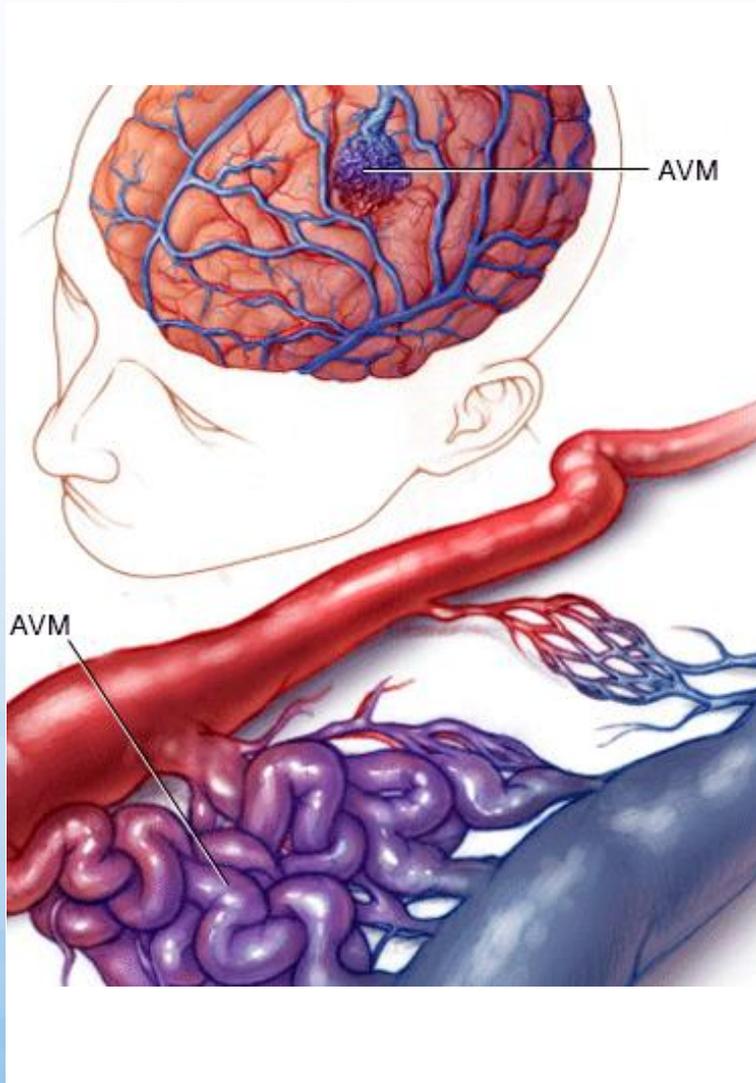
## CEREBRAL ANEURYSMS



- A balloon-like bulge of an artery wall.
- As it grows it puts pressure on nearby structures and may eventually rupture.
- Most people find out they have an unruptured aneurysm by chance during a scan for some other problem.
- The risk of rupture varies depending on the aneurysm's location and size.
- A ruptured aneurysm causes SAH or ICH
- Treatment focuses on stopping the bleeding and repairing the aneurysm with clipping, coiling, or bypass

# STROKE CAUSE TREATED BY NEURO-INTERVENTION

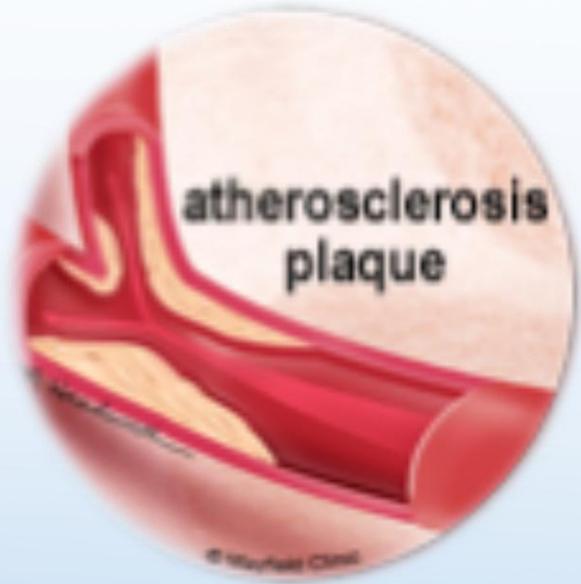
## CEREBRAL AVMS



- Arterio-Venous Malformations are an abnormal tangle of blood vessels
- AVM arteries connect directly to veins without a capillary bed in between causing the vessels to stretch and sometimes rupture.
- Symptoms include stroke, seizures, headache, and other problems
- Treatment options include surgery, embolization, and radiosurgery

# STROKE CAUSE TREATED BY NEURO-INTERVENTION

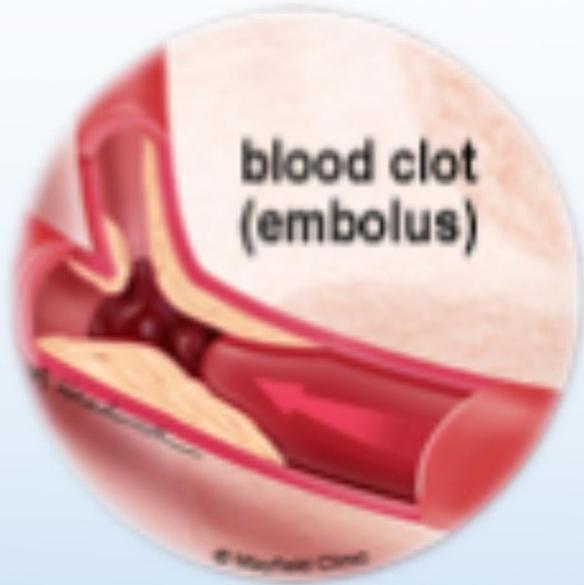
## ATHEROSCLEROSIS



- Atherosclerosis (hardening of the arteries) - cholesterol plaques are deposited within the walls of the arteries, narrowing the inside diameter of the artery
- Blockage of blood flow leads to ischemia and brain death
- Treatment focuses on opening up the clogged artery with angioplasty with balloon or stenting

# STROKE CAUSE TREATED BY NEURO-INTERVENTION

## EMBOLIC STROKE



- Embolic stroke - a clot breaks off from the artery wall (becomes an embolus), and travels farther down the bloodstream to block a smaller artery. Usually come from the heart, where different diseases cause clot formation
- Blockage of blood flow leads to ischemia and brain death
- Treatment focuses on trying to lyse or eject the clot (thrombolysis & thrombectomy with aspiration or stent-retrievers)

# WHICH DISEASE STATES DO THESE PROCEDURES TREAT?

<p><b>Embolisation</b> <i>Artificially clotting a part of the vessel structure</i></p>	<p><b>Angioplasty</b> <i>Blood vessel repair</i></p>	<p><b>Stenting</b> <i>Providing a scaffold to aid in keeping vessel lumen patent</i></p>	<p><b>Thrombectomy</b> <i>Removal of thrombus</i></p>	<p><b>Flow diversion</b> <i>Hampering flow to a part of the vessel structure</i></p>
<ul style="list-style-type: none"> <li>· AVMs</li> <li>· Aneurysms</li> </ul>	<ul style="list-style-type: none"> <li>· Atherosclerosis</li> </ul>	<ul style="list-style-type: none"> <li>· Atherosclerosis</li> <li>· Wide-neck aneurysms</li> </ul>	<ul style="list-style-type: none"> <li>· Embolic Stroke</li> </ul>	<ul style="list-style-type: none"> <li>· Aneurysms</li> </ul>
<p>HEMORRHAGIC STROKE</p>	<p>ISCHEMIC STROKE</p>	<p>Could be both</p>	<p>ISCHEMIC STROKE</p>	<p>HEMORRHAGIC STROKE</p>

# WHICH NV PRODUCTS ARE NEEDED?

## Embolisation

*Artificially clotting a part of the vessel structure*

## Angioplasty

*Blood vessel repair*

## Stenting

*Providing a scaffold to aid in keeping vessel lumen patent*

## Thrombectomy

*Removal of thrombus*

## Flow diversion

*Hampering flow to a part of the vessel structure*

- AVMs
- Aneurysms

- Atherosclerosis

- Atherosclerosis
- Wide-neck aneurysms

- Embolic Stroke

- Aneurysms

- Access products (guidewires, catheters)

- Coils
- Onyx / Glue

- Balloons

- Stents

- Stent-retrievers
- Aspiration catheters
- Balloon guides

- Flow diverters

## HEMORRHAGIC STROKE

## ISCHEMIC STROKE

**AVMs**

**Aneurysms**

**Atherosclerosis**

**Embolic Stroke**

**Embolisation**

*Artificially clotting a part of the vessel structure*

**Flow diversion**

*Hampering flow to a part of the vessel structure*

**Stenting**

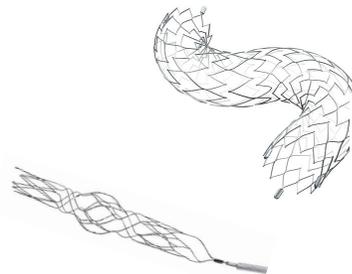
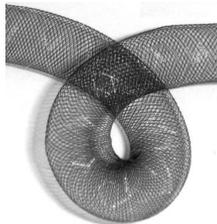
*Providing a scaffold to aid in keeping vessel lumen patent*

**Angioplasty**

*Blood vessel repair*

**Thrombectomy**

*Removal of thrombus*



# INTRODUCTION THE ANGIO SUITE

2.1. What is an ANGIO SUITE or a CATH LAB	2.2. Imaging Basics	2.3. What happens in the CATH LAB	2.4. What gets treated in the CATH LAB	2.5. CATH LAB Etiquette
<ul style="list-style-type: none"> <li>• Definition &amp; organization of a CATH LAB</li> <li>• Who works in a CATH LAB</li> <li>• What equipment and products can be found in a CATH LAB</li> </ul>	<ul style="list-style-type: none"> <li>• A brief history of medical imaging</li> <li>• Anatomical position and directional terminology</li> <li>• CT &amp; MRI based technologies</li> <li>• Angiography using fluoroscopy</li> </ul>	<ul style="list-style-type: none"> <li>• Diagnostic and interventional procedures done in the CATH LAB</li> <li>• What happens before, during, and after a Cerebral Angiography procedure</li> </ul>	<ul style="list-style-type: none"> <li>• Neuro Disease States</li> <li>• Procedures &amp; Products</li> </ul>	<ul style="list-style-type: none"> <li>• Correct Behavior</li> <li>• Protection</li> </ul>

# RADIATION SAFETY: 3 PRINCIPLES



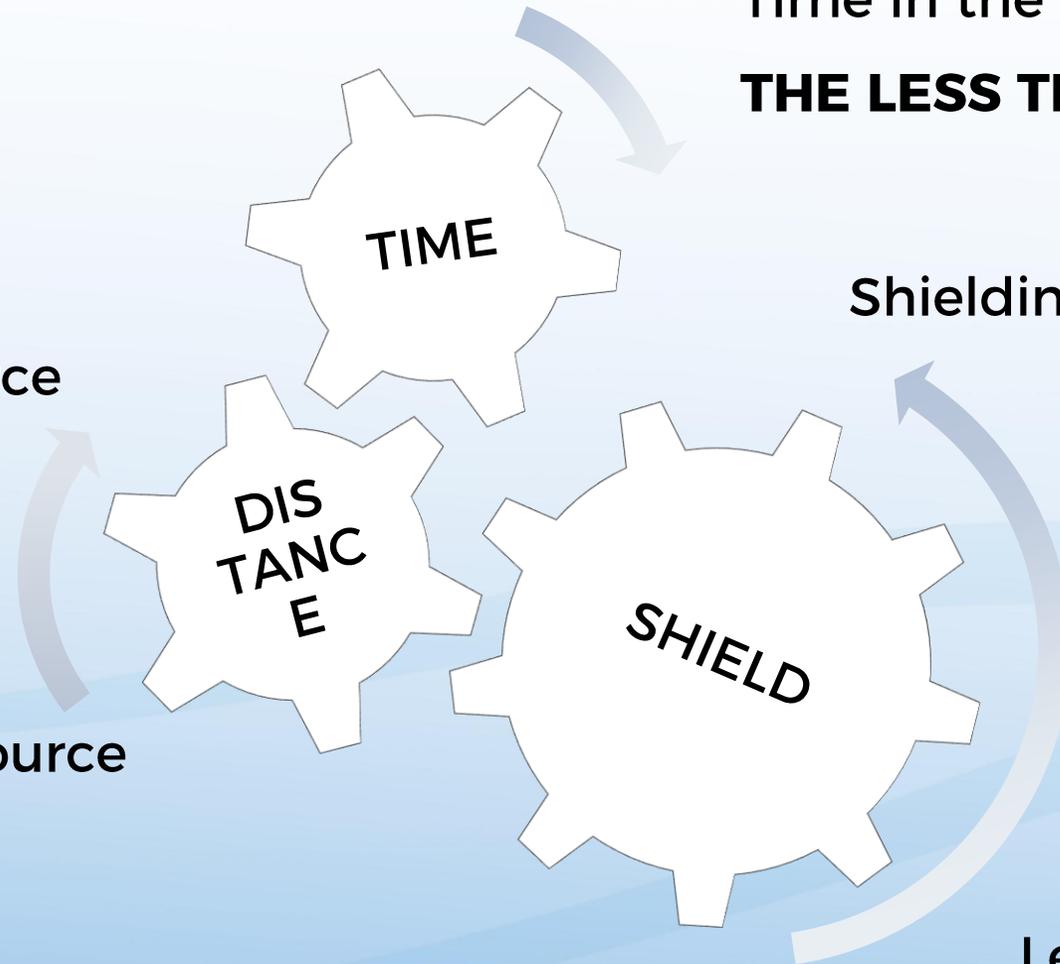
Time in the room:  
**THE LESS THE BETTER**

Shielding yourself from radiation  
**THE MORE THE BETTER**

Wear lead apron,  
thyroid collar,  
overhead shield,  
roll shields,

Get behind other people  
Leave the procedure room

Distance from the source  
Inverse square law:  
The intensity is  
inversely proportional  
to the distance from source  
i.e. **THE FURTHER THE  
BETTER**



# HOW TO USE DOSIMETRY BADGES



- Badges are individual
- Follow institutional guidelines

## Pregnancy/ Fetal badge

- Worn at the chest/waist level
- UNDER the lead



## Dose monitoring badge

- Worn at collar level
- On the **OUTSIDE**, not under your lead

# PRE-PERSONAL PROTECTIVE EQUIPMENT

PPE's are designed to protect personnel from infectious materials. They are provided by the lab and can usually be found near the entrance.

- Goggles
- Mask
- Face shield
- Gown if under infectious warnings
- Shoe covers
- Gloves
- Hat or bouffant



- Cover cuts, scratches and abrasions with a bandage before entering the lab.

# CATH LAB APPROPRIATE ATTIRE

## Clean scrubs

- Lab may ask you to change into their scrubs

## ➤ Clean and comfortable closed toe shoes

- Can be wiped clean
- Wear shoe covers – not all institutions require shoe covers, but it is strongly suggested you do if they are provided. Don't carry infectious material home

## ➤ Long hair should be tied back and up and completely tucked under the hat or bouffant. Style is not required in a lab setting



# THE STERILE FIELD

- Is usually either blue or green
- Patient surgical drapes
- Sterile tray
- Scrubbed personnel
- Sterile gowns, hats, shoe covers and gloves



- Stay minimum 60 cm away from the field
- Wear a hat and mask at minimum when a sterile tray is open
- Do not reach over a sterile field
- Do not open packages

# INTRODUCE YOURSELF TO:

- The Physician
- Fellows are your friends and future customers!
- Lab manager
- Lead tech
- Nursing staff

- Is there a rep tracking system? → Sign in
- Which lead apron & collar can I wear?
- Where do I stand?

- Cell phone usage: be discreet. Ask about hospital policies before the case starts
- Talking during the case
- Be aware of the work area/flow/space
- Be humble, helpful, engaged
- Watch body language

# PATIENT PROTECTION

Anything that can identify a patient in written or electronic media

- Patient stickers
- Photos

## THE LAW

- In January 2012, the EU proposed a comprehensive **reform of data protection rules in the EU**. Applies from **25 May 2018**.
- Sanctions up to 20 million EUR or 4% of annual turnover (whichever is higher) – *see link*
- Not knowing does not relieve of responsibility

## GOOD CONDUCT

- Ask for permission before taking photos
- Verify photo is clear of PHI with a witness
- Conversations outside the lab

# RECAP

In the CATH LAB you need to :

**Protect** yourself from radiation and bio-hazardous material

**Respect** hospital protocol, the patient and the operating team

Be mindful and savor the experience and the opportunity to learn.

Later we will talk about CASE FOLLOW UP and COMPLAINTS Procedures.